

September 2024 | Head Start and Pre-K Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
B ā a	Labor Day Holiday Schools Closed	Cinnamon Chex Cereal	Chicken and Wa e Sandwich	Cinnamon Crumble Bread	No School for Students
L c		Mozzarella Breadsticks	Bean and Cheese Burrito	Cheese Pizza	
S ac				Yogurt and Granola	
	9	10	11	12	13
B ā a	Chicken Sausage Biscuit Sandwich	Maple Wa es	Apple Cinnamon Oatmeal Round	Pumpkin Bread	No School for Students
L c	Teriyaki Chicken with Brown Rice	Mozzarella Breadsticks	Chicken Dumplings	Cheese Pizza	
S ac	Yogurt and Granola	Fruit Cup and Crackers	Fruit and Crackers	Fruit and Tortilla Chips	
	16	17	18	19	20
B ā a	Chicken and Wa e Sandwich	Mini Pancakes	Chicken Sausage and Scrambled Eggs	Cinnamon Chex Cereal	No School for Students
L c	Pasta with Marinara and Mozzarella	Chicken Tenders	Bean and Cheese Nachos	Cheese Pizza	
S ac	Fruit and Chex Mix	Fruit Cup and Crackers	Yogurt and Granola	Cheese and Vegetables	
	23	24	25 Early Release	26	27
B ā a	Chicken Sausage Biscuit Sandwich	Maple Wa es	Bagel Sticks with Cream Cheese	Breakfast Bread	No School for Students
L c	Orange Chicken with Brown Rice	Mozzarella Breadsticks	Turkey Sandwich	Cheese Pizza	
S ac	Yogurt and Granola	Fruit Cup and Crackers	Fruit and Crackers	Fruit Cup and Tortilla Chips	
	30				
B ā a	Chicken and Wa e Sandwich				
L c	Cheesy Baked Potatoes with Seasoned Beans				
S ac	Fruit and Chex Mix				

Vegetarian option, may contain cheese &/or egg | Grains are whole grain-rich unless noted with

Un avored 1% milk is o ered daily with breakfast and lunch. Fruit is o ered with breakfast, fruit and vegetables are o ered with lunch.

M **b** **c** **a** **r** This institution is an equal opportunity provider.

Updated: 9/5/24