

The Next Flu Pandemic: What to Expect

Actions to limit contact among people

In all flu pandemics, sick people will be asked to stay home. Most people with pandemic flu can be cared for at home. During a flu pandemic, hospitals may only have room to care for patients who are the most ill or require special care.

Make plans now to be able to stay home for at least 10 days if you are sick with pandemic flu. Staying home will keep you from giving it to others. Make a plan for who will take care of you and your household if you get sick.

In more severe flu pandemics, even people who are not sick may be asked to stay home.

In severe flu pandemics, people may be asked to limit contact with others in the community and

workplace. Places where people gather, such as theaters and places of worship, may be closed. Events such as sporting events or concerts may be delayed or cancelled.