

Portland Public Schools  
Report to ODE on Restraints and Seclusion for 2012-13

Total# of restraints.....	1338
Total# of seclusion.....	157
Total# seclusion in locked room.....	130
Total# of students restrained.....	135
Total# of students secluded.....	52
Total# of incidents: Injury to students.....	0
Total# of incidents: Injury to staff .....	25
Total# of incidents: Death to student.....	0
Total# of incidents: Death to staff.....	0
Total# of students more than 10 seclusions.....	1
Total# of students more than 10 restraints.....	

Step taken to reduce use of physical restraint and seclusion for students with more than 10 incidents of physical restraint or seclusion.

Student 1

Change environment

Offer options/choices (work, space)

Student7  
Adjuststaff proximity  
Changeof

Student13  
Staffswitch  
Plannedignoring  
Clearexpectations( i.e. first/then)  
Adjuststaff proximity  
Positiveencouragement/reinforcement  
Family/Guardianconsult  
EnvironmentaChange

Student14  
Staffswitch  
EnvironmentaChange  
Plannedto ignore  
Positiveencouragement/reinforcement  
Offer options/choices(work, space)  
EnvironmentaChange  
Clearexpectations( i.e. first/then)  
Adjuststaff proximity

Student15  
Offer options/choices(work, space)  
EnvironmentaChange  
Positiveencouragement/reinforcement  
Clearexpectations( i.e. first/then)  
Adjuststaff proximity

Student16  
Positiveencouragement/reinforcement  
Clearexpectations( i.e. first/then)  
offer options  
Adjuststaff proximity  
Family/Guardianconsult  
EnvironmentaChange  
SensoryBreak  
Positiveencouragement/reinforcement

Student17  
Offer options/choices(work, space)  
Positiveencouragement/reinforcement  
Clearexpectations( i.e. first/then)

Student18  
Positiveencouragement/reinforcement  
Clearexpectations  
Staffswitch  
EnvironmentaChange  
Plannedignoring  
Family/Guardianconsult  
Offer options/choices(work, space)

Student19  
Preteachskills  
EnvironmentaChange  
Clearexpectations( i.e. first/then)  
Preteachskills  
Staffswitch  
EnvironmentaChange  
sensorybreak

Student20  
Clearexpectations( i.e. first/then)  
Usedistractinand simplelanguagewhen  
distracted  
EnvironmentaChange  
Staffswitch  
Family/Guardianconsult  
Offer options/choices(work, space)

Student21  
Adjuststaff proximity  
Clearexpectations( i.e. first/then)  
Offer options  
Family/Guardianconsult  
Staffswitch  
EnvironmentaChange  
Preteachclassroomexpectations

Student22  
Adjuststaff proximity  
EnvironmentaChange  
Positiveencouragement/reinforcement  
Preteachexpectedbehaviors  
Verbalandvisualprompts  
Model appropriatebehavior  
Offer options/choices(work, space)

Student23

Staffswitch  
Clearexpectations( i.e. first/then)  
Offer options/choices(work, space)  
EnvironmentaChange  
Pre teachskills  
SensoryBreak  
Changeof subject(distraction)

Student24

Clearexpectations( i.e. first/then)  
Adjuststaff proximity  
Positiveencouragement/reinforcement  
EnvironmentaChange

Student25

Pre teachskills  
Positiveencouragement/reinforcement  
Offer options/choices(work, space)  
Clearexpectations( i.e. first/then)  
Adjuststaff proximity  
SensoryBreak

Student26

Addresshungerat 11:00ameachday  
Offer options/choices(work, space)  
Positiveencouragement/reinforcement  
Newmedicationdosepost hospitalization  
EnvironmentaChange  
Staffswitch

Student27

Offer options/choices(work, space)  
Removeaudience  
EnvironmentaChange  
ScheduledbreakduringFridayassemblies  
Family/Guardiarconsult  
BSUpdatedto includemore settingfactors

Student28

Staffswitch  
Offer options/choices(work, space)  
Changeof subject(distraction)  
Positiveencouragement/reinforcement  
EnvironmentaChange

Student29

Clearexpectations( i.e. first/then)  
EnvironmentaChange  
Visuals  
Pre teachskills  
Family/Guardiarconsult  
Staffswitch  
Adjuststaff proximity  
Offer options/choices(work, space)

Student30

Positiveencouragement/reinforcement  
SensoryBreak  
Decreaseverbalcuesusepicture cardsor  
handsignals  
Adjuststaff proximity  
Offer options/choices(work, space)  
Pre teachskills  
Staffswitch  
Clearexpectations( i.e. first/then)  
EnvironmentaChange

Student31

Environmental Change  
Positive encouragement/reinforcement  
Offer options/choices (work, space)  
Family/Guardian consult  
Staff switch  
Clear expectations (i.e. first/then)  
Family/Guardian consult  
Rewrite behavior plan  
Place student on search plan  
Use wait time  
Adjust staff proximity  
Minimize staff interactions